



catherine@cbpsychological.com



818-203-5067



Calabasas, CA 91302

EDUCATION

DOCTOR OF CLINICAL
FORENSIC PSYCHOLOGY,
Forensic Psychology
**Alliant International
University**, Alhambra, CA
June 2014

MASTERS IN MARRIAGE AND
FAMILY THERAPY, Marriage
And Family Therapy
**University of Southern
California**, Los Angeles, CA
May 2009

BACHELOR OF ARTS,
Psychology
California State University,
Northridge, CA
May 2007

CATHERINE BARRETT, PSYD

PROFESSIONAL SUMMARY

Licensed Clinical Forensic Psychologist offering 16 years of expertise in clinical mental health and 12 years in forensic mental health with focus on assessing and measuring mental capabilities of individuals. Qualified to serve as a private consultant, forensic expert, with a focus in coercive control and developmental trauma. Qualified to interpret psychological assessments of personality psychopathology and intelligence.

Experience as a graduate school part-time faculty professor at the University of Southern California since 2015.

CERTIFICATIONS/TRAINING/ EXPERT WITNESSING

- Certified in Stable/Acute 2007, ABEL Sexual Interest Screening, MMPI-2-rf
- Fact Witness in various cases throughout the US regarding custody and childhood trauma
- Fact Witness for Mental Health Court: Revocation of Outpatient Status regarding restoration of sanity.
- Expert Witness (National) Family Court: Product/Peer review, coercive control, developmental trauma, and personality disorders (Iowa, Ohio, Illinois, California, Oregon, Washington State and Utah)
- Expert Witness for California Innocence Project (2017) Standardized reaction to trauma
- Extensive work with drug and alcohol related offenses, treatment, and recovery.
- Expert in dynamics of coercive control and domestic violence
- Expert in risk assessment of those identified with narcissistic and antisocial personality organizations
- Evaluating, treating, and assessing sex offenders, mentally disordered offenders, and those found not guilty by reason of insanity.
- Adolescent psychology
- Domestic Violence Assistance
- Crisis Intervention
- Product Review Rebuttal Witness in Family Court nationwide

WORK HISTORY

January 2020 - Current

CB Psychological Inc. - Clinical Forensic Psychologist in Private Practice,
Calabasas

- Practice focuses on the treatment and evaluation of individuals who are working through past and/or current interpersonal trauma (CPTSD) and survivors of emotional, sexual, and physical abuse
- Population Focus: Emotional abuse and CPTSD, domestic violence, life transitions, anxiety, and LGBTQ+ affirming
- Clinical duties also involve participation and testimony within Family, Children's, Civil, Criminal, and Mental Health Court
- Works as consultant, fact witness, and expert witness on various cases in Family Court, with primary testimony focus in developmental trauma, reunification, alleged parental alienation, and coercive control
- Supports organizational growth through participation in community outreach events promoting mental health awareness and prevention initiatives.

June 2015 - Current

University of Southern California - Part-time Lecturer, Los Angeles, CA

- Part-time faculty for Rossier School of Education for MFT master's students
- Courses include Law and Ethics and Child/Elder Abuse and Domestic Violence, Clinical Assessment/Evaluation, Psychopathology, and Fieldwork supervisor
- Advisor to an average of 20 graduate level students and partake in monthly faculty meetings and interviews for potential candidates
- Help construct coursework and course lead in various courses.
- Cultivated critical thinking skills through challenging assignments that required analysis, synthesis, and evaluation of information from various sources.
- Developed strong relationships with colleagues, collaborating on curriculum development and sharing best practices in teaching strategies.
- Evaluated student progress through regular assessments, providing detailed feedback for improvement and growth.
- Selected and designed lesson plans and curriculum to meet academic objectives.

October 2017 - August 2018

Cliffside Malibu - Group Facilitator, Malibu, CA

- Facilitated groups for individuals struggling with a substance use disorder.
- Groups were individuals within residential, intensive outpatient, and partial hospitalization care.
- Established clear expectations for behavior by setting ground rules and modeling appropriate conduct at all times during sessions.
- Evaluated participant progress through ongoing assessments, providing constructive feedback to promote growth.
- Developed open rapport with patients, encouraging sharing of questions and concerns.
- Created a supportive environment by fostering trust, empathy, and mutual respect among participants.
- Prepared and led support groups for patients.

- Provided guidance on goal-setting strategies, empowering participants to take ownership of their personal development journey.

February 2016 - March 2020

Teen Therapy Center - Staff Psychologist, Woodland Hills, CA

- Built strong rapport with patients, fostering trust and open communication essential for effective treatment outcomes.
- Served as a liaison between patients, families, and healthcare providers to ensure seamless coordination of care throughout treatment cycles.
- Contributed to the professional development of colleagues by presenting at workshops and conferences on relevant psychological topics.
- Administered Psycho-educational assessments for individuals struggling with neuro-developmental obstacles, requiring IEP's, or screened for learning disabilities.
- Conducted group therapy sessions for LGBTQ+ teens
- Treated families, individuals, and couples with a variety of issues.
- Served as an expert witness in multiple family court decisions involving custody, alleged alienation, sexual abuse and emotional abuse.

January 2016 - June 2018

MHM Services - Forensic Evaluator, California

- Conducted 90 day risk assessment reports for Department of State Hospitals for those who had been found not guilty by reason of insanity or with a mentally disordered offense.
- Maintained a high degree of professionalism when dealing with sensitive information or challenging situations during evaluation.
- Facilitated knowledge sharing among colleagues by presenting key insights from completed evaluations that could determine a patient's level of care.
- Conducted regular reviews of existing evaluation frameworks, identifying areas for improvement or adaptation based on changing circumstances or needs.
- Assessed psychopathology and mental illness related to propensity for violence.

June 2014 - February 2016

Gateways Forensic mental health - Forensic Clinician, Los Angeles, CA

- Implemented crisis intervention strategies when needed, ensuring immediate safety measures were in place for at-risk patients, including those with chronic mood and psychotic disorders that had resulted in committing a crime.
- Delivered high-quality patient care by conducting thorough assessments, developing treatment plans, and providing ongoing therapeutic support.
- Advocated for patients within the CONREP system to ensure access to appropriate resources and services when needed.
- Developed tailored treatment plans to address the unique needs of each patient and promote optimal recovery.
- Served populations including individuals found not guilty by reason of insanity, mentally disordered offenders, and sexually violent predators.
- Worked with a treatment team involving psychologists, psychiatrists, and nurse practitioners.

August 2013 - August 2014

San Francisco Forensic Institute - Pre-Doctoral Intern, San Francisco, CA

- Treatment of mentally disordered offenders, individuals found not guilty by reason of insanity, drug/ alcohol offenders, sex offenders, and sexually violent predators.
 - Evaluation and sexual interest assessments for sex offenders and sexually violent predators.
 - Risk assessment, case management (speaking with department of probation, mental health, and criminal court), treatment planning, and group treatment.
 - Populations included: Narcissistic Personality Disorder, Antisocial Personality Disorder, Psychotic/Mood Disorders (Schizoaffective, Schizophrenia, Bipolar Disorder etc.), and Substance Use Disorders.
 - Assessments administered: MMPI, PAI, Abel Assessment of Sexual Interest, HCR20, LS/CMI, WAIS, and STABLE 2007
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CONFERENCES, WORKSHOPS, AND CEU

- September 2018: Being a Culturally Informed Clinician for LGBTQ+ Youth and Their families.
- May 2018: Parenting an LGBTQ+ Teen in the Age of social media.
- June 2018: Narcissist: the skilled abuser-Effects of Emotional Abuse in Intimate Partner Violence
- April 2019: Light Up the Couch: Narcissist: The Skilled Abuser Including Childhood Development April 2019: NARCISSIST: The Skilled Abuser Part ii- How Personality Disorders Affect the Family System: Including Childhood Development
- December 2020: Light Up the Couch: Narcissist: The Skilled Abuser
- PESI 2023: Legal and Ethical Framework for Working with Survivors of Coercive Control
- PESI 2023: Narcissism Summit: Legal and Ethical Framework for clinicians Treating Survivors of Coercive Control and Involved in the Family Court System
- National Council of Juvenile and Family Court Judges Conference 2024: The Problem with Custody: Personality Pathology & Custodial Decision Making.
- Turning Off the Gaslight (2024): Workshop/Retreat focusing on the legal and clinical consequences of emotional violence and coercive control with Dr. Ramani Durvasla
- Why Personality Matters: Didactic training for East Coast panel of Judges and attorneys affiliated with AFCC. Focused on the proper use of psychological evaluations in family court, how to appropriately qualify a mental health expert, why personality of parent matters, and the use of parental alienation as an anchoring bias and heuristic approach. (2024)
- The Dr. Ramani Network Podcast (2025)-Guest: Coercive Control and The Diddy Trial
- The Dr. Ramani Network Podcast (2025)- Co-Host with Dr. Christine Cocchiola
- Omega Retreat, Rhineback, NY (2025): Healing from narcissistic abuse with Dr. Ramani Durvasula and Dr. Christine Cocchiola

PUBLICATIONS/ARTICLES

October 2014: Do Emotional and Sexual Abuse Count? Arrest Decisions among

Do Emotional and Sexual Count (Doctoral Dissertation)

January 2021: Why Do you Hate Me So Much? Parental Narcissism

August 2024: PESI Article

November/December 2024: Your Session Notes in Family Court: Narcissistic Abuse Exposed. Psychotherapy Networker

AWARDS

August 2023: University of Southern California Rossier School of Education's excellence in teaching award.

