

## Student Learning Objectives Master of Marriage and Family Therapy

The Marriage and Family Therapy Program is offered to those students seeking to prepare for the practice of marriage and family therapy. Students completing this program this specialized professional degree and who fulfill the additional state requirements are eligible for the State of California's Marriage and Family Therapy license.

Graduates of the MFT Program will be able to:

- Provide culturally relevant psycho-education, therapy, and counseling to diverse groups of people, with particular attention to treatment relevant to clients' race, ethnicity, gender, sexual orientation and identity, ability, religion, immigrant status, and SES.
- Develop treatment plans that take into account the impact of systems of oppression, power structures, high incidents of trauma in communities that suffer poverty and violence, and the particular challenges of diverse urban communities, as well as the resources and assets inherent in urban communities.
- Critically evaluate knowledge sources and use evidence-based pedagogy to provide psychotherapy, psycho-education, life skills training, and assessment.
- Engage in lifelong educational experiences, including training, consultation, supervision, and personal therapy, to maintain an informed, ethical practice.
- Evaluate their own work to assess effectiveness with clients, including use of assessments, regular review of treatment plan with client, and compare treatment outcomes patterns across clients.
- Examine the effectiveness of current mental health provider systems, and develop interventions to increase the system's effectiveness by applying recovery oriented care principles
- Transform urban environments as leaders who advocate for individuals, couples, families, and children from underserved and marginalized communities.